

**Sequoia Star**  
**Friday**  
**February 2ND**

## Events:

February 3: NAEP TESTING

February 4: Talent Show

Practice 1:00 - 3:00 PM

February 6: Talent Show  
(MUR), 3:00-4:00 Students,  
6:30-7:30 Families

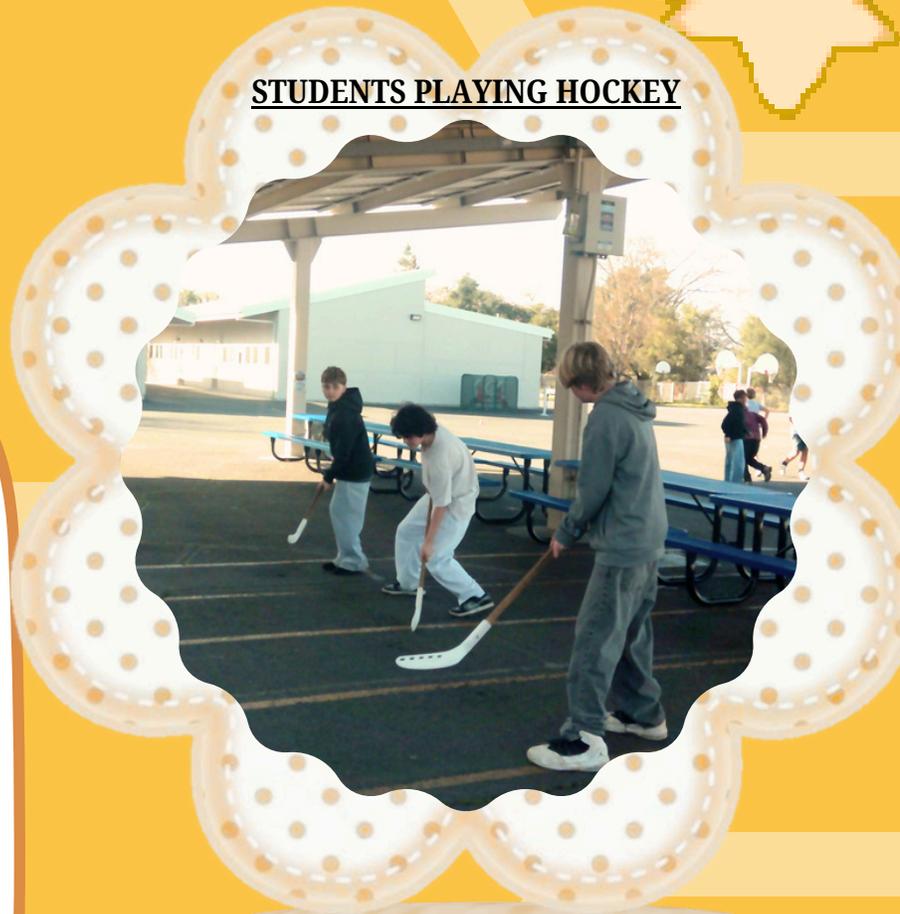
February 13: Progress Report  
sent out

February 16: President's Day  
(no school)

February 18: 8<sup>th</sup> grade  
Concord High grade day

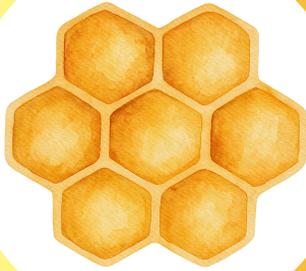
February 25: Office Hours  
1:15-1:45 PM

**STUDENTS PLAYING HOCKEY**



# WHAT DO STUDENTS PREFER: HONEY OR SYRUP?

Honey  
40%



Syrup  
60%

“Honey...  
because my dad  
would add honey  
into my coffee.” -  
Nathan  
Hernandez



“Syrup on  
waffles is  
fire.”  
-Kian De  
Guzman



“Honey is  
way too  
sweet. I  
prefer syrup.”  
-Joshua Pinto



“Syrup,  
because I am  
the waffle  
king!!!” -  
Adrian Yang

# What's the perfect way to use honey, and how does it make you feel?



The perfect way to use honey, in my opinion, is to drizzle it over yogurt. People might argue that this defeats the purpose of yogurt being healthy, but I argue that using a little bit of sugar isn't too bad to sweeten up a good cup of it.



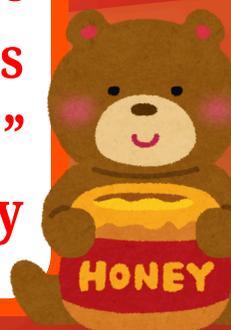
“Honey can make tea taste sweet, and also reminds me of my home.”  
-Yusha Syed



“I know honey and lemon are a common remedy for sore throat.”  
-Esmeralda Rojas Garcia



“It just tastes sweet and makes me feel like bees are around me .”  
• Segen Tesfay



# Art Class Interview

What is the best/Favorite thing about this class to you?

A1: The best thing about this class is my teacher, he's chill and he's cool and cares about our success  
-Mateo Fontilas

What was your favorite Project in this class and why?

A2: My favorite project is the Pillars of HipHop because it gives me a lot of options to express myself  
-Sav'e Afu

Why do you think art is Important

A3: I think art is important because it shows you how things can truly look or feel and convey emotions  
-Ember Guadagui

*The Task:* create a piece of art in one of the five traditional pillars of hip-hop culture. In essence, express yourselves **VISUALLY - ORALLY - AURALLY - PHYSICALLY -** or **MENTALLY**. Be creative with reinterpreting what the pillars mean to you.

